



Everest Panorama View

EVEREST REGION

9 Days

DURATION

Moderate

DIFFICULTY

USD \$1,150

FROM (PER PERSON)

QUICK FACTS

Duration		Trip Difficulty	
Activities		Accommodation	
Meals		Max Elevation	
Group Size		Best Time	

TRIP HIGHLIGHTS

✓

OVERVIEW

The Everest Panorama View Trek is a shorter alternative to the classic Everest Base Camp trek, offering stunning views of some of the world's highest peaks without the strenuous ascent to Everest Base Camp itself.

Everest panorama view trek is quite short trial around Everest region. It's a comparatively cheap way to explore the Everest region for this trekking we need only 09 days. This trip goes via the same trial as the Everest Base Camp although reaches only upto Tengboche before a turn back toward Lukla. However a very short trekking duration in the epic Everest region, this trekking experience provides a possibility of witnessing the highest peak in the world, together with many other spectacular mountains. Moreover, you can even connect with the appealing aspect of Culture, spiritual vibration and warm welcoming lifestyle that one can recharge himself with breathtaking environment.

While on such a short journey, this trek gifted some distinctive memories of pleasure. The immense views of the mountain, refreshing air heals yourself, along with spiritual frequency of inspiring Sherpa people are just wonderful. Overall feeling of this trekking is indefinite.

DAY-BY-DAY ITINERARY

DAY 1 Arrive at Kathmandu international airport, transfer to the hotel

Meals: dinner

Your flight lands and Kathmandu welcomes you with its unique symphony of sounds and smells. We meet you right outside the baggage claim, a friendly face in the crowd to ease any travel weariness. The ride to the hotel is short but filled with the vivid life of the city streets. The rest of the day has no plans. Some people nap. Others feel drawn to the busy lanes near the hotel, to sense the rhythm of the place. Later, we all come together for dinner. This first meal is where we become a group, sharing food and the first of many conversations. Your guide will talk about the days ahead, not from a script, but from memory. Sleep in the comfortable hotel bed comes easily, with the quiet hum of the city just outside.

DAY 2 Flight to Lukla (2875m), 30 minutes, and Trek to Phakding (2610m), 3/4 hours

The plane to Lukla is an adventure all its own. The small aircraft flies close to the green hills, and then the short runway appears, carved right into the mountainside. Stepping onto the tarmac in Lukla, the air is immediately different. Cooler. Cleaner. After a cup of sweet tea in a lodge, we put on our boots. The walk to Phakding is gentle, a soft introduction. The path follows the Dudh Koshi River, its water a milky turquoise from the glacial silt. We cross a few solid bridges, passing stone walls and simple farms. The 3 to 4-hour walk ends at our lodge in Phakding. The rooms are basic but clean, and the standard dining room fills with the sounds of other trekkers and the clatter of kitchen pots.

DAY 3 Trek to Namche Bazaar (3450m) from Phakding overnight at lodge 5-6 hours

Today, the trail asks for more from our legs. The path climbs steadily from the river, weaving through pine forests. The sound of our boots on stone and the jingle of dzopkyo bells are the main sounds. Then we reach the Hillary Bridge, a high suspension bridge strung with faded prayer flags. It sways gently underfoot. The climb after the bridge is steep and silent, everyone lost in their own rhythm. Then, on a clear day, someone will point. There, between the trees, is a distant grey peak. Everest. That first sighting gives everyone a new energy for the final push into Namche Bazaar. The town appears like a surprise, a bustling collection of lodges and shops built on a steep bowl of land. Our lodge for the night feels wonderfully welcoming after the five to 6 hour climb.

DAY 4 Acclimatization day at Namche Bazaar

Meals: breakfast

Today we stay in Namche to let our bodies understand the altitude. It is a day for slow exploration. After a leisurely breakfast, many of us hike up to the Everest View Hotel or the Sherpa Museum. The short, uphill walk makes us breathe hard, but the view from the top is the best reward. The entire range sits before us, a jagged line of white against the blue sky. Back in town, we might visit the market where vendors sell everything from trekking gear to fresh vegetables. We drink plenty of lemon tea and watch the world go by. This rest is not idle. It is the most critical work we do today.

DAY 5 Trek to Tyangboche (3867m) from Namche Bazaar, 5-6 hours, overnight at lodge

The trail out of Namche is wide and carved into the side of the mountain. With every step, the view of Ama Dablam unfolds. That mountain becomes our companion, its perfect peak seeming to change shape as we walk. The path descends to a river, crossing a bridge, before climbing again through a forest of rhododendron and pine. The air smells of damp earth and pine needles. After five or six hours, we reach the ridge at Tyangboche. The ancient monastery stands solemnly in the center, with Ama Dablam positioned perfectly behind it. It is a sight that quiets everyone. Our lodge is simple, the rooms often cool, but the view from the dining room window is priceless.

DAY 6 **Trek back to Namche Bazaar, 5/6 hours**

We wake hoping for a clear morning. Sometimes mist shrouds the monastery, and sometimes the sun hits the peaks at dawn, turning them pink. After a visit to hear the monks' morning prayers, we begin our return. The walk back to Namche is familiar but no less beautiful. We see the same mountains from a new angle. The 5 to 6 hour journey feels easier, our bodies now accustomed to the trail's rhythm. Returning to Namche feels like coming back to a bustling hub. The evening here has a celebratory feel. We might treat ourselves to a piece of cake from a bakery or enjoy the warmth and chatter of the lodge.

DAY 7 **Trek down to Lukla from Namche Bazaar, 6/7 hours**

Meals: dinner

This is our last day of walking. The trail descends for many hours, a long journey of six or seven hours that asks different things from our knees. We cross the Hillary Bridge one last time, now feeling like an old friend. The forests feel greener, the air thicker as we lose altitude. There is a quiet camaraderie among us, a shared understanding of the journey we have completed. Arriving in Lukla is a strange mix of triumph and melancholy. The adventure is coming to a close. Our final dinner together is loud with shared stories and laughter. The lodge in Lukla is comfortable, and sleep comes with the sound of planes silenced for the night.

DAY 8 **Fly back to Kathmandu from Lukla (30min)**

Everything depends on the weather in Lukla. We keep one eye on the sky. When the call comes, we make our way to the small airport. The flight back to Kathmandu is a rapid reel of the landscape we just spent days walking through. The mountains shrink below us. In what feels like moments, we are back in the warmth and noise of Kathmandu. The transfer to the hotel is quiet. The afternoon is a gift of free time. A long shower feels miraculous. The city's energy is a shock but a welcome one. It is a day to be still, to let the experience settle.

DAY 9 **Fly back to your beautiful country**

Meals: breakfast

All services conclude following breakfast at the hotel. Our representative will provide a timely transfer to Tribhuvan International Airport for your onward flight, in accordance with your scheduled departure time. We wish you a safe and pleasant journey home.

WHAT'S INCLUDED / NOT INCLUDED

Included
+ Two nights’ accommodation in Kathmandu with breakfast (room with attached bathroom)
+ Accommodation during the trek
Included
+ All meals during the trek (breakfasts, lunches, and dinners)
+ Farewell dinner in Kathmandu at the end of the trek
Included
‡ Government-licensed trekking guide
+ Porters for trekkers’ luggage (1 porter for every 2 trekkers)
+ All guide and porter expenses, including meals, insurance, salary, lodging, transportation, and necessary equipment
Included
+ Sagarmatha National Park entry fee (Rs 3,000)
‡ All government and local taxes
Included
+ Rescue operation arrangements in case of complicated health conditions (funded by travel insurance)
Included
+ Pure Sherpa Adventure duffel bags