



Dolpa trek

DOLPO REGION

19 Days

DURATION

Moderate

DIFFICULTY

USD \$2,200

FROM (PER PERSON)

QUICK FACTS

Duration		Trip Difficulty	
Activities		Accommodation	
Meals		Max Elevation	
Group Size		Best Time	

OVERVIEW

Overview

The Chisapani Helambu Trek is a shorter but equally rewarding trekking route in Nepal, offering stunning views, cultural experiences, and a diverse range of landscapes. This 5-day itinerary is perfect for those with limited time who still want to experience the beauty of the Himalayas and the warmth of the local culture.

If you're looking for the trekking trial but you have very short time, no worries we have perfect option for you to lust in nature. Chisapani Helambu trek covers a total distance of approximately 80 kilometers at around 5 days located at Sindapalchowk district as a part of Langtang national park.

This trial consists of mesmerizing landscape, beautiful mountains, wildlife, flora and fauna along with diverse culture and village and even the shortest Nepal Trekking route with much diversified attraction. Here you will find plethora of the water resources and forest along with the spectacular view of Moutains including Langtang, Ganesh himal, Gaurisankhar, Rolwaling and Manaslu. Moreover, the village of different ethnic and background tribal community is found in Helambu. Specially, Hyolmo people are native over here practicing Buddhism. Trek is considered to be moderate, although it is essential doable for anyone in good physical condition.

The Chisapani Helambu Trek is a teahouse trek, offering accommodation in local lodges that provide basic but comfortable facilities. This trek is known for its cultural richness, as you will encounter diverse ethnic groups, including Tamang, Sherpa, and Hyolmo communities. The trek also offers beautiful views of the Langtang and Jugal Himal ranges. For more detailed information and booking options, visit the Chisapani Helambu Trek.

Highlights of the trek

- No probability for altitude sickness.
- Spectacular view of Langtang, Ganesh himal, Gaurisankar, Manaslu and Rolwanling Mountains.
- Visit Monasteries and Stupa.
- Buddhist Culture and tradition.
- Enter Shivapuri National Park.
- Explore Himalayan lifestyle

- Highlighted even for family trip, couple trek and even with small children this trek highly recommended